



Fossil Family Newsletter

MARCH 2023

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From
the desk
of...
Dr. Chaplain

Greetings Fossil Families!

March is a big month for our students at Fossil Ridge. Students will be wrapping up their third quarter classes before spring break. Students will be completing final projects and exams in many of their classes, and we will start fourth quarter on March 20th. Final exams for periods 3 and 4 will take place on March 9th. Final exams for periods 1 and 2 will take place on March 10th. The afternoon of March 10th, will be reserved for students to make up finals and finish projects. Students should talk directly with their teachers to arrange times that afternoon if they need it. We will serve lunch on March 10th, and busses will run a normal schedule, which means students will not be picked up until 4:00pm.

continued on next page

We understand the stress
of caring for a sick child.

Our providers are here to help get
your family on the fast track to healthy.



The Youth Clinic
caring for our future generations



Pediatric
Urgent Care
OF NORTHERN COLORADO

Worried something is wrong?

they're behavior is very odd
THEY SEEM UNUSUALLY AGITATED

These may be symptoms of psychosis and it's more common than you think. We provide support to youth (15-29) experiencing FEP (first episode psychosis).

Find out more:
SummitStoneHealth.org/ascent

ASCENT SUMMITSTONE HEALTH PARTNERS

From the Desk of Dr. Chaplain

continued

March always comes and goes quickly and brings with it the promise of spring and the excitement of summer ahead. Seniors have many final experiences and celebrations with last quarter. We want to be sure everyone stays safe, continues to work hard, and walks across the stage in May! Seniors who are failing graduation requirements or are off track to graduate in May still have opportunities to take online classes through the district in April, and we will do our best to provide them as many creative solutions here. Counselors have been tracking student progress all year and will work with seniors who fail graduation requirements third quarter. But once again, please don't hesitate to reach out for support.

Thanks for all you do!

Julie Chaplain, PhD

March is National Reading Month

In honor of Dr. Seuss' birthday, March is designated as National Reading Month - a month to motivate Americans of all ages to read every day.

*"The more that you read, the more things you will know.
The more that you learn, the more places you'll go."* – Dr. Seuss

CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!



EAT, DRINK & RAISE FUNDS

PARTNER WITH US: QDOBA.COM/FUNDRAISERS
25% of our sales go to organizations doing good. Fundraise for your non-profit or school today.

QDOBA MEXICAN EATS

The Women's Clinic
of Northern Colorado

Schedule Your Appointment Today!

FRHS Finals Schedule

Fossil Ridge High School Finals Schedule

Finals Day 1	Finals Day 2
0 7:00 – 8:50	FINAL EXAM Period 0 7:22 – 8:50
1 9:00 – 10:29	FINAL EXAM Period 1 9:00 – 10:29
2 10:36 – 12:10 Announcements 10:36-10:41	FINAL EXAM Period 2 10:36 – 12:10
Lunch 12:10 – 12:55	Lunch 12:10 – 12:55
FINAL EXAM 3 12:55 – 2:24	Make- Up Finals 12:55 – 4:00
FINAL EXAM 4 2:31 – 4:00	
9 4:10 – 5:38	

Quarter 2: Finals December 20th and 21st – **NO LATE START WEDNESDAY******

Quarter 3: Finals March 9th and March 10th

Quarter 4: Finals 25th and May 26th -- **NO LATE START WEDNESDAY******



We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or
sport physical today!

¡Programe hoy su examen
físico para la escuela o deporte!



Salud (303) 697-2583
Family Health (303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS CO

OUR CARE IS DINO-MITE!

MEDICAL • PEDIATRICS • DENTAL • BEHAVIORAL saludclinic.org

FORT COLLINS
SYMPHONY
WES KENNEY - MUSIC DIRECTOR



Escape
to the movies

MAR 24 • 7:00 PM

Music in Film
Pops Concert

Timberline Church
Auditorium



DETAILS & TICKETS:
LCTIX.COM

Junior ROTC Classes Offered Fall 2023 at PHS

Poudre School District now offers JROTC classes at Poudre High School. It's open to all students grades 9-12. Students remain enrolled in and take most of their classes at their home high school but travel to PHS for JROTC during the school week. Transportation will be provided for those who need it. Use the QR code to tell us you're interested!



Boettcher and National Merit Scholarship Finalists

Congratulations!

Boettcher Scholarship Finalists

Kerem Gurkan
Sophie Wang

National Merit Scholarship Finalists

Rahul Ghosh
Kerem Gurkan
Jonathan Jarchow
Adarsh Payyakkil
Aarav Shah
Sophie Wang

Way to go Sabercats!



Opportunities

to start nursing
or culinary pathways

Food and Nutrition
(Age 16)
Personal Care Provider
(Age 17 - will train)
CNA
(Age 17 - will train)

www.columbinehealth.com



Mention this ad and
enjoy 50% off your oil change



Find yours at

Fort Collins
Dodge Chrysler Jeep Ram

224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

Thank you Parent Volunteer Group!

A heartfelt *THANK YOU* to our sweet Parent Volunteer Group for providing a special Valentine appreciation breakfast for FRHS staff.

Your thoughtfulness and generosity are truly appreciated!



Graduation Announcements are In!



Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompanyCO@gmail.com



2023 Graduates! Who Do You Want to Hand You Your Diploma?

EVERY graduate gets to choose a FRHS staff member to receive their diploma from on stage at graduation! The FRHS staff member can be a teacher, counselor, secretary, custodian, administrator, etc., so long as they are a current staff member at FRHS. Make sure BOTH OF YOU sign the paper, and turn it in to Ms. Jones in the College & Career Center **by March 10th at 4:15 p.m.** If you miss the deadline, you will be assigned an administrator to hand you your diploma. We are not able to accept requests after March 10th, so we can create an accurate seating chart.

Stop by the College & Career Center if you need to pick up a form.

Class of 2023 Student/Parent Graduation Meeting – April 10th

Monday, April 10th is an important date that **BOTH** graduates and their parents/guardians are invited to! We will meet at 6:30 p.m. in the FRHS Large Gym and begin the evening with an all-group meeting. After the meeting, graduates will stay in the gym to take their Class of 2023 Panoramic Photo while parents/guardians go to the Commons to pick-up their graduate's cap and gown. (There will be time after the panoramic photo for students to get their own cap and gown if their parent/guardian is unable to attend.)



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

kW NORTHERN
COLORADO
KELLERWILLIAMS.

970.420.7163



Senior Exit Survey

Whether you are graduating early or in May, be sure to fill out the Senior Exit Survey to let us know your plans after graduation. For those students going to college this is the **only** way final transcripts will be sent. Students must be logged into their school account to access the form.



Junior Parent College Night – March 21, 2023, 6-7:00PM

Junior parents and guardians! This is a big year for helping your student make and refine their college list—as well as gearing up for the college application process. This evening session will be geared toward giving parents and guardians of juniors (students also welcome!) the information needed to help with college planning no matter where you are in the application process.

We hope to see you there!

College Admission Case Studies Night and College Fair, April 5th from 6-8:00PM

An evening facilitated by the ROAR (Regional Officers of Admissions of the Rockies) college admissions counselors for parents and students interested in learning about the college admissions process from the perspective of college admissions officers. Participants will be involved in small group case studies and will be able to discuss the college admissions process from a variety of different four-year colleges. The case studies sessions will be followed by a college fair with representatives from the ROAR Colleges available to answer questions and give you information about their respective institutions. This will be a fantastic opportunity to get a behind-the-scenes look at college admissions to help you better navigate the process. You won't want to miss this!

Armed Services Vocational Aptitude Battery (ASVAB)

Attention 10th, 11th, & 12th-grade students considering the military or ROTC. The ASVAB helps determine which careers in the military may be a good fit for you. Students can also meet the new college and career readiness graduation requirement by earning a score of 31 or higher. The ASVAB will be administered in the Media Center on Friday March 24th beginning at 9:00am. Please sign up in the College & Career Center.



Mental Health Matters – Save the Date

April 17th | 5:30p

Hosted by Rocky Mountain High School

Save the Date: Mental Health Matters

Please join Poudre School District for the 8th Annual Mental Health Matters K-12 Event, this year hosted IN PERSON at Rocky Mountain High School. Speakers will address a wide range of mental health topics that effect all grade levels.

More information coming soon.

Brought to you by the PSD

School Healthcare Professional Grant team



Boys and Girls State

Hello Juniors!

You have a unique opportunity to attend a FREE one-week program in June this summer. ALL Room and Board are paid for. You also have the ability to purchase college-level credit for your participation and apply for a scholarship if you attend.

BOYS STATE and GIRLS STATE are widely respected organizations that offer real-world citizenship and government training programs for Juniors going into their Senior year. All costs are covered. Students engage in team building, learning, and real-world simulations of local, city, and state government.

Some famous people who have participated in Boys or Girls State when they were young include Nick Saban (Head Coach, University of Alabama football program), Michael Jordan, Ann Richards (former Governor of Texas), Bill Clinton, and Liz Cheney.

Please see the attached fliers for more information and reach out the contacts listed there if you are interested. A few Fossil students have participated in recent years and have reported a wonderful experience.



Boys State Honor Guard Conducts Daily Flag Ceremonies.

AN AUTHENTIC POLITICAL SCIENCE EXPERIENCE

EVERYTHING WE DO, WE BELIEVE HAS A
POSITIVE IMPACT ON THE YOUTH OF TODAY
AND DEVELOPING PATRIOTIC LEADERS FOR
TOMORROW.

Contact Us

Phone: 303-366-5201

Email: info@colegionboysstate.org

www.colegionboysstate.org



WHY BOYS STATE?

- AMERICAN GOVERNMENT
- PATRIOTISM
- CIVICS
- COLLEGE SCHOLARSHIPS
- CREDIT ON MILITARY ACADEMY APPLICATIONS
- DEMONSTRATE YOUR LEADERSHIP SKILLS
- INTERACT WITH BOYS FROM ACROSS COLORADO
- FREELY SHARE YOUR IDEAS AND OPINIONS
- LEARN FROM OTHERS
- MAKE FRIENDS FOR LIFE



COLORADO BOYS STATE

The American
Legion

June 4 - 10, 2023

www.colegionboysstate.org



COLORADO BOYS STATE
7465 E. 1st Ave. Ste D
Denver, CO 80230

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Boys and Girls State

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ARE YOU UP FOR THE CHALLENGE?

Developing leadership skills, confidence, and action-based understanding of the governmental process gives young women a lasting foundation for personal and professional success.



The American Legion Auxiliary (ALA) believes that educating youth about the basic ideals and principles of government will help ensure our democracy's survival.

ALA Girls State is a unique and exciting government-in-action learning program in which ALA members guide young women to become patriotic, knowledgeable stewards of freedom and democracy.



WHAT IS ALA GIRLS STATE?

The American Legion Auxiliary Girls State program, first presented in the late 1930s, is one of the most respected experiential learning programs in the United States. Guided by the principle "For God and Country," the program epitomizes the ALA's mission to honor those who have brought us our freedom by continuing to train young women to be leaders grounded in patriotism and Americanism. ALA Girls State participants become extremely knowledgeable about the democratic process and how our republic works at the state and national levels.



About 16,000 young women participate in weeklong ALA Girls State programs across the nation each summer. Though each Girls State is unique in its operation, each session adheres to the same basic concept: teaching government from the township to the state level. Using a nonpartisan curriculum, participants assume the roles of government leaders, campaigning as "Federalists" and "Nationalists" to become elected officials in their mock ALA Girls States. During the immersive-learning program, delegates live in "cities" within a dormitory on a college or university campus. The knowledge, memories, and friendships they take home last a lifetime.

PROGRAM OBJECTIVES

The American Legion Auxiliary Girls State program:

- ★ Educates young women about the US system of government
- ★ Instills a greater understanding of American traditions
- ★ Empowers young women to become confident leaders and civically-engaged members of society

SELECTION CRITERIA

To be eligible, young women must:

- ★ Have completed their junior year in high school and have at least one more semester remaining before graduation.
- ★ Be keenly interested in government and current events.
- ★ Have high moral character.
- ★ Show strong leadership abilities.
- ★ Demonstrate above-average scholastic achievement.

ALA GIRLS NATION

Every year, two outstanding girls from each ALA Girls State program are selected to attend ALA Girls Nation in Washington, D.C. As ALA Girls Nation "senators," they campaign for political office, craft and debate the passage of legislation, and meet with their real-life counterparts on Capitol Hill.



More than 6,500 politically astute young women have attended American Legion Auxiliary Girls Nation since 1947. Besides a chance to experience the workings of federal government personally, they gain further opportunities to sharpen their leadership skills and learn about their American heritage.



[www.facebook.com/
AmericanLegionAuxiliaryGirlsState](http://www.facebook.com/AmericanLegionAuxiliaryGirlsState)

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Boys and Girls State

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Debating bills in your state legislature

American Legion Colorado Boys State is a six-day hands-on experience in the operation of our Republic form of Government. It is conducted at Northeastern Junior College, Sterling, Colorado.

During this weeklong program boys create cities, counties, and a fictitious political party. They create their party platform, conduct party conventions, campaign for office, and nominate and elect officials to run their city, county and state government and form their 51st state.

**IF YOU ARE UP FOR
IT, WE'LL GIVE YOU
A WEEK THAT WILL
SHAPE YOUR
LIFETIME.**



American Legion Boys State is among the most respected and selective educational programs of government instruction for high school students in the nation. It is a participatory program where each boy becomes a part of the operation of his city, county, and state government. Boys participating in American Legion Colorado Boys State can earn college credits.

At Boys State, young men are exposed to the rights and privileges, the duties, and responsibilities of a franchised citizen. The training is objective, non-partisan, and practical with city, county and state governments operated by elected and appointed officials duly placed in office by their fellow citizens of Boys State.

American Legion Boys State has been a national program since 1935 and Colorado Boys State has been conducted since 1949. Every year more than 20,000 boys participate in American Legion Boys State program.



Recreation time creates friends for life

APPLY NOW!

www.colegionboysstate.org

See our website. It takes just a few minutes to begin your journey.

Boys State is only open to young men just completing their junior year of high school.

**Boys State truly is
a once in a lifetime
opportunity!**

**All Costs Paid By
The American Legion**

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Boys and Girls State

continued

ALA GIRLS STATE SELECTION AND APPLICATION PROCESS

ALA Girls State delegates are a diverse group of young women with a shared desire to learn and lead. Girls State "citizens" come together from small towns, big cities, and rural areas to hold Girls State elections, and their varied backgrounds set the stage for a week of spirited, experiential learning.

American Legion Auxiliary units work with local high school educators to identify girls who have demonstrated leadership qualities. Eligible female students are then recommended and selected by sponsoring American Legion Auxiliary units. Female delegates to ALA Girls State programs must have completed their junior year in high school and have at least one semester remaining. Each ALA Girls State program and/or ALA unit determines the process they will use to select the delegates for their state, and those decisions are final. The number of ALA Girls State citizens varies by state and is determined by each state's American Legion Auxiliary resources.

Female high school juniors interested in applying to attend ALA Girls State are encouraged to contact their school counselor or their local American Legion Auxiliary units regarding the application process and deadline.

COST

The costs of ALA Girls State programs are underwritten by each state-level American Legion Auxiliary. Girls State delegates' registration fees are paid for by the sponsoring local American Legion



Auxiliary unit with additional support and funding sometimes coming from various civic and nonprofit organizations. Participating young women may incur nominal expenses for transportation, site-specific fees, or contribution to an optional service project.

ADDITIONAL ACTIVITIES

ALA Girls State offers hands-on experience in how state governments function. Other activities at ALA Girls State foster fellowship and creative expression:

- ★ Reporting
- ★ Public speaking; debate
- ★ Singing
- ★ Talent shows
- ★ Field trips
- ★ Patriotic ceremonies



American Legion Auxiliary Girls State has empowered hundreds of thousands of accomplished young women to aspire to great things. Their stellar achievements are grounded in leadership skills enhanced at ALA Girls State. Past ALA Girls State participants include members of presidential cabinets, mayors, governors, state representatives, U.S. senators, corporate CEOs, nationally known journalists, and military officers.

June 15-20, 2023

Northeastern Junior College, Sterling

To apply online, go to
www.alacolorado.com/girls-state.html
 For questions, contact the American Legion
 Auxiliary, ALACGS Registrar at:
 Phone: 719-494-7167
 E-mail: register.alacgs@gmail.com



American Legion Auxiliary National Headquarters
 8945 N. Meridian St., Indianapolis, IN 46260
 P: (317) 569-4500 | F: (317) 569-4502
www.ALAforVeterans.org
www.ALAFoundation.org

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 Produced in the USA



**American Legion
 Auxiliary**

**Inspirational, Educational,
 Life-changing and Fun**

**ALA Colorado
 Girls State**



**In the Spirit of Service Not Self
 for Veterans, God and Country**

If you have any questions, please contact Campus Security at frhparking@psdschools.org or 970-488-6322

Advanced Placement Exam Registration for 2nd Semester Classes



If you have any questions, please contact the AP Coordinator, Jenni Ford, at jford@psdschools.org.

Free PSAT and SAT Test Preparation

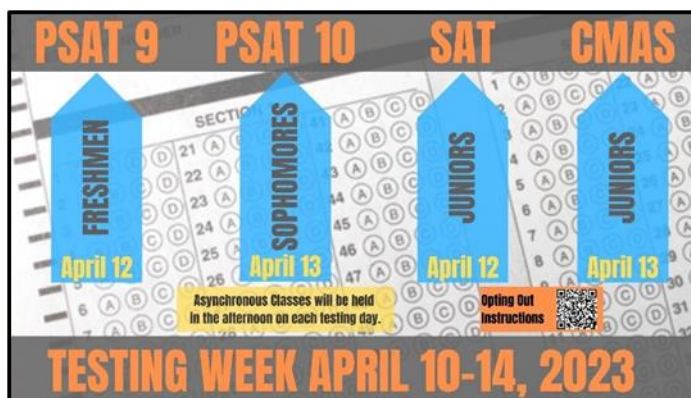
Khan Academy offers free, customized test preparation for the PSAT and SAT. Log into your student account at College Board and link your account to Khan Academy. Students also have access to free test preparation via Method Test Prep in Xello.

Link Crew Leadership Group

Attention 2023-2024 Juniors and Seniors! Link Crew is a high school transition program that welcomes freshmen and makes them feel comfortable throughout the first year of their high school experience. Built on the belief that students can help students succeed, Link Crew trains members of the junior and senior classes to be Link Leaders. As positive role models, Link Leaders are motivators, leaders, and teachers who guide the freshmen to discover what it takes to be successful during the transition to high school and help facilitate freshman success. If you are interested in being a part of this amazing leadership experience, please look for more information and sign up at <http://bit.ly/frhslinkcrew>.



PSAT/SAT/CMAS Testing Information



Please note, the essay option is still available. (See flyer below for details.)

If you have questions, please email Mrs. Lentz at dlentz@psdschools.org.

The Optional **SAT** with Essay in Colorado

11th-grade public school students in Colorado can add the SAT[®] with Essay to their SAT School Day registration for free. The Colorado Department of Education will cover all fees so you can take the SAT with Essay **during the school day** on April 12, 2023.

About the SAT with Essay

- The SAT with Essay will take approximately one hour longer than the SAT.
- It's your choice. You decide whether or not to take the SAT with Essay.
- The SAT Essay is scored separately from the SAT and does not impact your Evidence-Based Reading and Writing score.

For more information about the SAT Essay, visit collegeboard.org/colorado

Why Take the SAT with Essay?

The SAT Essay lets you practice your skills and gives you a chance to show colleges that you're ready for college-level writing assignments.

It's About the Real World

The SAT with Essay is a lot like a typical college writing assignment that asks you to analyze a text. It shows colleges you're ready to get to campus and write.

You'll have 50 minutes to:

- Read a passage
- Explain how the author builds an argument to persuade an audience
- Support your explanation with evidence from the passage

Go to collegeboard.org/colorado to find out what the SAT with Essay measures and how it's scored.

Register for the SAT with Essay

You can take the SAT with Essay at no additional cost. You must register between **January 17 and February 16, 2023**.

REGISTER ONLINE:

Register online before 10:00 p.m. Mountain Time (MT) on February 16, 2023, using your College Board account.

- 1 Go to sat.org and sign into your College Board account. If you've forgotten your username or password, click the link to recover them. Please do NOT create a new account. Once you're signed in, click on your username in the upper right-hand corner. Then select "My SAT."
- 2 If you do not have a College Board Account, go to sat.org and click "Register Now." Choose "Sign Up" and complete the required fields (name, sex, DOB, email address, expected HS graduation date) to create your account. Click "Continue" on the SAT Registration page. Review and complete the "Personal Info," "Your High School," and "Your Mailing Address" screens. You may be asked to provide "Your Previous Registration Number." Choose "Yes" and enter the registration number provided by your counselor.
- 3 Select "Change Registration" from the My SAT homepage. If you don't see your registration listed here, call customer service at 866-917-9030 for assistance.
- 4 Select "Yes" from the Change Essay Preference page.
- 5 Click "Confirm" to continue. Congratulations! You're registered for the SAT with Essay.

If you decide later on that you would like to remove the essay from your registration, sign into your College Board account and select "Change Registration" to remove the Essay before **February 16, 2023**. Test day changes to add or remove the essay will not be allowed.

REGISTER BY PHONE:
1-866-917-9030, select Option 2.

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STEM Fundraiser at Panda Express

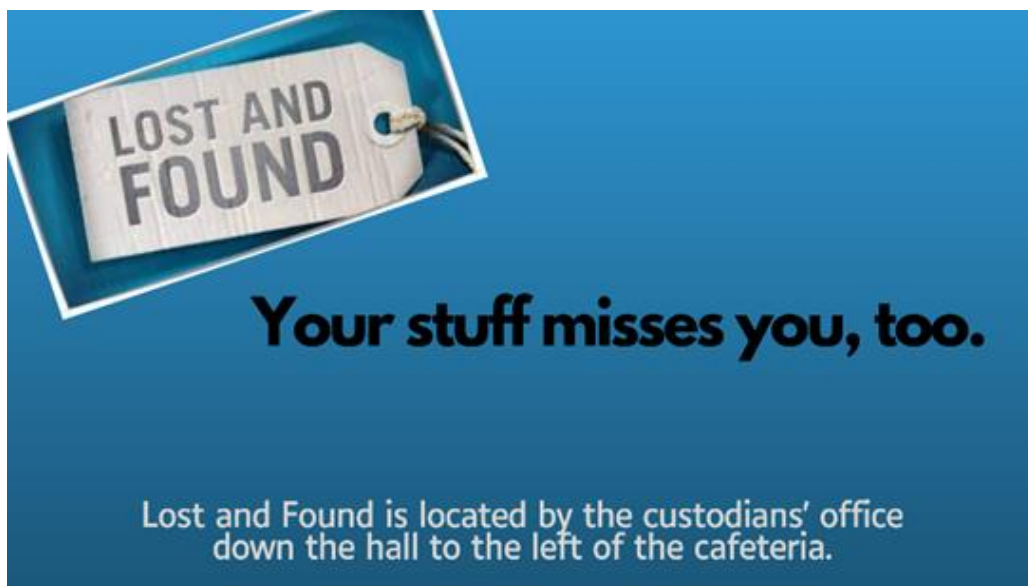
STEM students explore their interests in STEM fields through group projects that benefit the community.

When: Friday, March 10, 2023, 10:30AM-9:00PM

Where: Panda Express, 4765 Weitzel St. Timnath, CO 80547

How to order: PandaExpress.com or the App. Enter 351504 in the fundraiser code box.

20% of event sales will be donated.



Need Help Filling Out Your FAFSA?

Front Range Community College is hosting FAFSA March Madness on the following dates:

Wednesday, March 21st

11am-1pm

Thursday, March 22nd

1pm-3pm

Tuesday, March 28th

1pm-3pm

Sessions will be held at Grays Peak, Room 279 at.

Be sure to bring 2022 tax information for the 2023-2024 FAFSA application.



Who's Your Counselor?

Alpha by Last name	Counselor	Location	Email
A-Ch	Matt Murphy	North Wing	mmurphy@psdschools.org
Ci-Ga	Chris Savage	West Wing	csavage@psdschools.org
Ge-Je	Hailey Swanbom	West Wing	hswanbom@psdschools.org
Jo-Mar	Kelli McPhee	West Wing	kmcphoe@psdschools.org
Mas-Ph	Jen Smela	North Wing	jsmela@psdschools.org
Pi-Sn	Nicole Alvarado	North Wing	nalvarad@psdschools.org
So-Z	Carolyn Fries	North Wing	cfries@psdschools.org
Drug & Alcohol	Joel Bekken	West Wing	joelbek@psdschools.org



March
College Rep Visits

Click the QR code to sign up. 

March 3
11:00 University of Utah
1:00 University of Minnesota-Twin Cities

March 7
10:00 University of Arkansas

March 8
10:00 Missouri University of Science and Technology
2:00 Texas Christian University

March 21
10:00 University of Advancing Technology (AZ)

March 29
2:00 San Diego State University (CA)
3:30 Cal Poly (CA)

Work-Based Learning

Over 100 High School Opportunities Available!



Sproutin Up Internship - 14-16 yrs stipend paid at the end of summer

Barista at Embassy Suites - Paid job 16+

Concession Stand Attendants - Paid 16+

Golf/Pro Shop worker - Paid 18+

Lifeguard, swim instructor and pool tech jobs - Paid 15+

Poudre School District Custodian Crew - Paid job 15+

Childrens Day Camp Aid - Paid job 16+

Login to [Xello](#) - click on "Opportunities" and start your application today!

Summer Paid Internship Application Opens March 1st!

Here are the details:

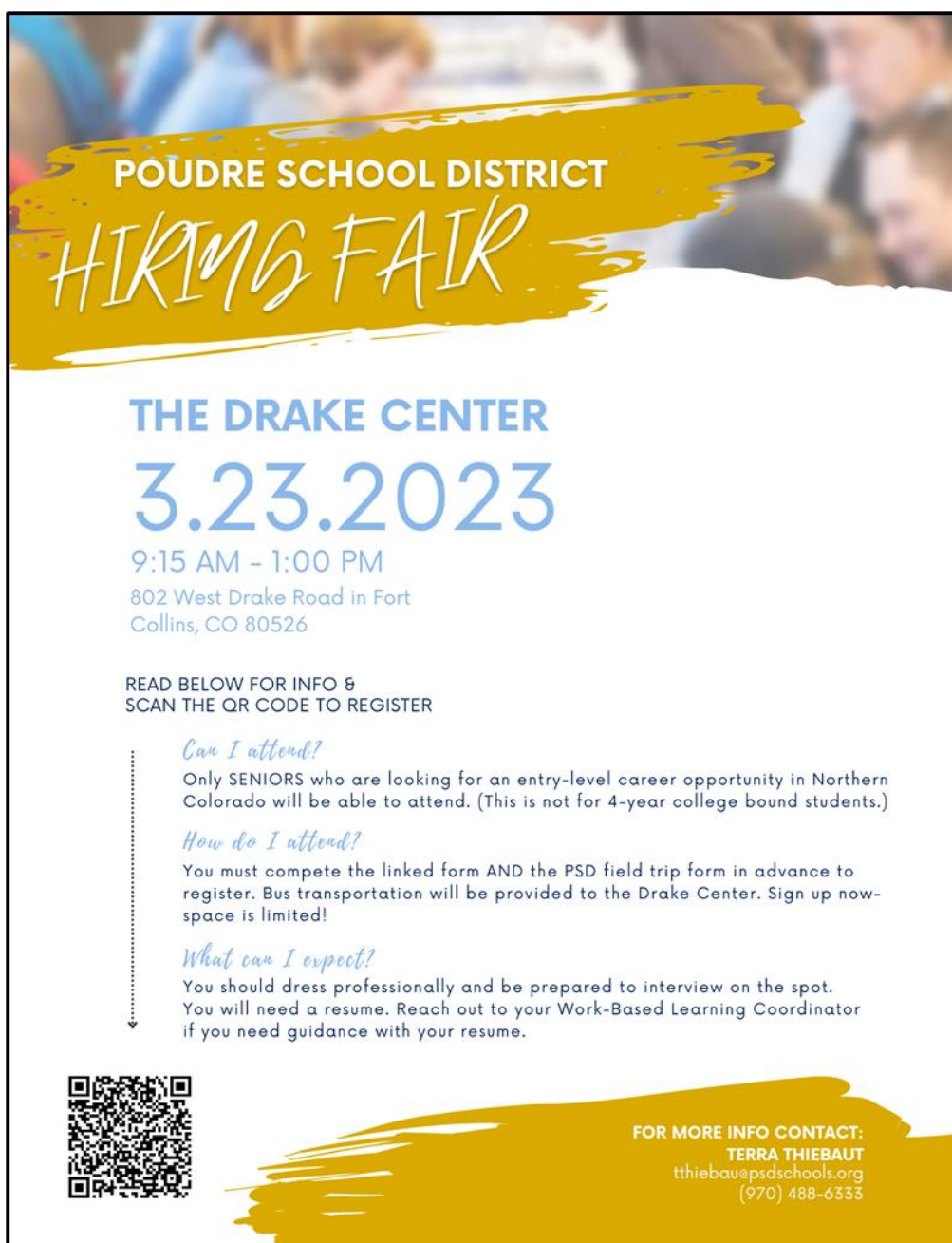
- Summer ONLY PAID Internships (**OVER 40 opportunities in Northern CO**)
- Paid \$17/hour
- Students 16-18 years old (MUST be 16 by beginning of June)
- Applications OPEN March 1st
- Application deadline March 30, 2023
- Must have a resume (see Thiebaut if you need help)

Go to <https://www.larimer.gov/ewd/young-adults/careerrise/summer-internships> to see openings and to apply.



Senior **ONLY** Hiring Fair, March 23rd

If you're planning on taking a GAP year or looking to go straight into the workforce after graduation, Poudre School District can help! PSD is hosting a seniors-only hiring fair, Thursday, March 23rd from 9:15am-1:00pm at The Drake Center. There will be employers in the construction, hospitality, healthcare, manufacturing, banking, and chiropractic industries, as well as from the trades industry such as electricians, welding, and carpentry. (Many other employers too!) Pay ranges from \$13 up to \$35 depending on the job. Bring a resume with you – many employers offer on the spot interviews. To sign up, scan the QR code on the poster outside of the Work-Based Learning office. Contact Ms. Thiebaut for more information or with any questions.



The poster features a background image of students in a classroom. A large yellow brushstroke graphic contains the text "POUDRE SCHOOL DISTRICT" in a bold, sans-serif font, and "HIRING FAIR" in a large, white, cursive script font. Below this, the text "THE DRAKE CENTER" is in a bold, blue, sans-serif font, followed by "3.23.2023" in a very large, blue, sans-serif font. The time "9:15 AM - 1:00 PM" and the address "802 West Drake Road in Fort Collins, CO 80526" are in a smaller, blue, sans-serif font. A section titled "READ BELOW FOR INFO & SCAN THE QR CODE TO REGISTER" is in a bold, black, sans-serif font. Below this, three questions are listed in a blue, cursive font: "Can I attend?", "How do I attend?", and "What can I expect?". Each question is followed by a paragraph of text in a blue, sans-serif font. A QR code is located at the bottom left of the poster. At the bottom right, a yellow brushstroke graphic contains the text "FOR MORE INFO CONTACT: TERRA THIEBAUT" in a bold, black, sans-serif font, followed by "tthiebaut@psdschools.org" and "(970) 488-6333" in a smaller, black, sans-serif font.

POUDRE SCHOOL DISTRICT
HIRING FAIR

THE DRAKE CENTER
3.23.2023
9:15 AM - 1:00 PM
802 West Drake Road in Fort
Collins, CO 80526

**READ BELOW FOR INFO &
SCAN THE QR CODE TO REGISTER**

Can I attend?
Only SENIORS who are looking for an entry-level career opportunity in Northern Colorado will be able to attend. (This is not for 4-year college bound students.)

How do I attend?
You must complete the linked form AND the PSD field trip form in advance to register. Bus transportation will be provided to the Drake Center. Sign up now- space is limited!

What can I expect?
You should dress professionally and be prepared to interview on the spot. You will need a resume. Reach out to your Work-Based Learning Coordinator if you need guidance with your resume.

**FOR MORE INFO CONTACT:
TERRA THIEBAUT
tthiebaut@psdschools.org
(970) 488-6333**



Hospitality and Culinary Career Tour at CSU - March 30th, 9am-2pm

Are you interested in a career in hospitality, tourism, or event management? Join us March 30th for a career field trip to CSU's Hospitality Program and Canvas Stadium. Tour Aspen Grille, CSU's student-run restaurant, event spaces at CSU's Lory Student Center and vendor booths at Canvas Stadium. Pick up a permission form in the College & Career Center or Work-Based Learning Office. Open to all Fossil Ridge students. **ONLY 15 spots available!**

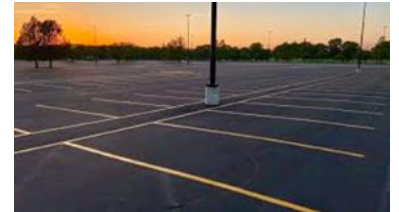
ASPEN
GRILLE



Parking Permit Reminder

Fossil Ridge High School Students and Parents,

This is a friendly reminder that Fossil Ridge High School (FRHS) requires all students and staff parking on campus to display a valid parking permit. This practice is standard across all six of Poudre School District's comprehensive high schools.



Currently FRHS provides parking permits to students for a one-time fee of \$25. For security purposes it is important for administrative and security staff to know who is parked on our campus whether student, staff, parent, or visitor. The best way for us to accomplish our goal is to have a comprehensive parking program that helps to identify these vehicles.

Parking permits can be obtained by filling out an application from the East Wing Office at FRHS. Students will be required to show **proof of payment, a valid driver's license, vehicle registration, and insurance** specific to their vehicle(s) prior to obtaining their hang tag permit.

It is important to know that failure to obtain a parking permit and/or failure to follow parking rules may result in violations/warnings and the possibility of parking privileges on PSD property being temporarily or permanently suspended. Vehicles with multiple violations or more than two warnings for failure to obtain or display a valid parking permit may be "booted" using an immobilization device until appropriate permit registration is complete.

Information related to parking on campus can be found at <https://frh.psdschools.org/frh/about-our-school/campus-safety-and-parking/parking>



Community Events

Climate Leadership Summit, April 19th, 2023

This event is given for students, by students.

When: Wednesday, April 19th, 2023, from 9:30am-1:30pm

Where: Colorado State University, Lory Student Center

Scan the QR code or visit clsummit.org to learn more about this free event centered around the environment and climate action.



Women in Construction Management Summer Institute at Colorado State University, June 6-10, 2023

Construction Managers take the designer's vision and make it a reality. With one of the highest job placement rates and starting salaries of any major, a degree in CM is a great choice for young women who enjoy teamwork, solving tangible problems, critical thinking, and creating the world around them. In this Institute we will develop confidence and explore opportunities in construction through classes, tours, and hands-on activities.



Priority Deadline: March 15th, 2023.

Scan the QR code to apply.

Society of Women Engineers , April 21st

Come spend the day with Colorado State University Society of Women Engineers (SWE).

- Visit Engineering Labs
- Private Campus Tours
- Sit in on CSU Classes
- **Free**



Sign up with the QR code by April 1st.

For questions, email ColoStateStickWithSWE@gmail.com.



continued on next page

Community Events

continued

CSU Summer 2023 Programs

Offered to kindergarten through pre-college students and P-12 teachers.

Categories include:

- Animals and Environment
- Arts and Human Sciences
- Industry and Leadership
- Interdisciplinary Programs
- Science, Technology, Engineering, and Math (STEM)
- Sport Programs
- Programs for P-12 Teachers

Scan QR code or visit: K12Summer.colorado.edu



2023 African American Youth Leadership Conference, March 4, 2023

The African American Youth Leadership Conference (AAYLC) is back for its 30th anniversary conference. The theme this year is **Generation Now – Emerging Leaders**.

This conference continues the AAYLC's effort to cultivate diverse student leaders amongst middle and high schoolers. The conference provides innovative, creative, and expansive sessions that will inspire student empowerment, knowledge, opportunity, growth, and connection.



Community Events

continued



SET YOUR SUMMER FOR FUN AND PROFIT

Larimer County Economic and Workforce Development invites **youth (ages 14-18) and parents** to:

- Hear from a local employer panel about best job search practices
- Learn about summer jobs, paid internships and MORE!
- Meet the Larimer County Conservation Corps

MARCH
1
2023

Larimer County
Admin Building
200 W. Oak St., 1st floor
Fort Collins, CO 80521

Larimer County
Loveland Campus
200 Peridot Ave., 1st floor
Loveland, CO 80537

MARCH
7
2023

6:30 PM - 6:45 PM - Pizza and Refreshments

6:45 PM - 7:45 PM - Summer Employment Panel

7:45 PM - 8:00 PM - Meet and Greet with the Employer Panel



To learn more visit larimer.org/ewd/summer2023 or call 970.498.6608.



Larimer County Economic and Workforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodations with seven business days' notice by emailing lcewd-ada@larimer.org or calling 970.498.6600 or Relay Colorado 711. Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.

continued on next page

Community Events

continued



March Events



Storytime: I Can Save the Earth

3/7 10:30-11:30

What makes the Earth happy? Join us for a story + activity to follow

Trash Talk

3/13-/14 11:30-1:30

Where does it all go? Learn about landfills and fate of your trash





Recycle Rally

3/15-/16 10:30-1:30

Ever doubt which bin to throw it out? Join us and become a recycling expert

Sustainable DIY

3/21-3/25 10:30-1:30

Celebrate Sustainability Week with daily DIY projects to help you say no to single use plastics



Register at: www.larimer.gov/solidwaste/education/edcenter

continued on next page

Community Events*continued***NextGenServe**
Young Leaders Making a Difference

NextGenServe Gives Youth A New Summer Experience

**REGISTRATION
NOW OPEN!****JUNE 6 —
AUGUST 10****Learn about
City Careers****Earn
volunteer hours****Great Community
Service Experience****APPLY TODAY!**for more information visit
fcgov.com/volunteer

*Are you looking for a fun and
meaningful experience for
middle- and high-school-aged
youth over the summer?*

Sign up to participate in NextGenServe, a City volunteer program for youth ages 11-18 that focuses on growing leadership skills and service in the Fort Collins community. Volunteers learn about a variety of career paths and work alongside trained City staff in various settings, including parks, natural areas, and the Garden on Spring Creek.

In addition, the NextGen program adopts the Xeriscape Garden outside of City Hall over the summer, where they meet and interact with City leaders from across the organization, have opportunities to talk to City staff about their career path, and learn about jobs in local government.

This opportunity is open to all youth interested in leadership, service to their community, and a desire to explore a variety of careers.

NextGenServe will run Tuesdays and Thursdays from 9 a.m. to noon throughout the summer.

continued on next page

Community Events*continued***NextGenServe**
Young Leaders Making a Difference

NextGenServe

Brinda a los Jóvenes una Nueva Experiencia de Verano

**¡INSCRIPCIONES
ABIERTAS!****6 DE JUNIO A
10 DE AGOSTO****Aprenda sobre
carreras con la Ciudad****Obtenga horas
de voluntariado****Excelente experiencia de
servicio a la comunidad****¡COMPLETE SU
SOLICITUD HOY!**

para más información visite
fcgov.com/volunteer

¿Está buscando una experiencia divertida y significativa para jóvenes de secundaria y preparatoria durante el verano?

Apúntese para participar en NextGenServe, un programa de voluntariado de la Ciudad para jóvenes de edades 11 a 18, enfocado a desarrollar habilidades de liderazgo y servicio en la comunidad de Fort Collins. Los voluntarios aprenden sobre una variedad de carreras y trabajan junto con el personal capacitado de la Ciudad en una variedad de entornos, incluyendo parques, áreas naturales y el Jardín en Spring Creek.

Además, el programa NextGen adopta el Xerojardín afuera del Ayuntamiento durante el verano, donde los participantes conocen e interactúan con una variedad de líderes de la Ciudad, tienen oportunidades de hablar con el personal de la Ciudad sobre su trayectoria profesional y aprender sobre trabajos en el gobierno local.

Esta oportunidad está abierta a todos los jóvenes interesados en el liderazgo, el servicio a su comunidad y que tienen el deseo de explorar una variedad de carreras.

NextGenServe tendrá lugar los martes y los jueves de 9 a.m. a las 12:00 del mediodía durante el verano.

SAVE *the* DATE

March

<i>Thursday, March 2</i>	Choir Concert
<i>Friday, March 3</i>	AP Exam Registration Deadline
<i>March 13-17</i>	Spring Break
<i>Saturday, March 4</i>	Ridgebotics Robot Reveal
<i>Friday, March 10</i>	STEM Fundraiser at Panda Express
<i>Saturday, March 11</i>	WGI Denver Regional
<i>Tuesday, March 21</i>	Junior Parent College Night
<i>Thursday, March 23</i>	PSD Seniors-Only Hiring Fair
<i>Friday, March 24</i>	ASVAB
<i>Thursday, March 30</i>	Hospitality and Culinary Career Tour at CSU Jazz Band Spaghetti Dinner




PSD Meals During 2022-2023

For updated information on PSD meal distribution, please visit:

<https://psdschools.nutrislice.com/menu/fossil-ridge>

March FRHS Breakfast Menu

March 2023					Fossil Ridge High School Breakfast				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
		1	2	3					
	<i>Food Offered Daily:</i> <ul style="list-style-type: none"> Assorted Cereal Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Juice Chocolate Milk Milk fat free Milk low fat 1% 	<ul style="list-style-type: none"> Egg, Cheese & Bacon Breakfast Burrito Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Mini Pancakes Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Breakfast Round Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 					
6	7	8	9	10					
<ul style="list-style-type: none"> Pancake & Sausage Wrap Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Mini Cinnamon Rolls Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Whole Grain Waffle, Chocolate Chip Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Breakfast Sausage Pizza Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Assorted Juice Milk Variety 	<ul style="list-style-type: none"> WW Bagel & cream cheese Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 					
13	14	15	16	17					
	<ul style="list-style-type: none"> No School Today 	<ul style="list-style-type: none"> No School Today 	<ul style="list-style-type: none"> No School Today 	<ul style="list-style-type: none"> No School Today 					
20	21	22	23	24					
<ul style="list-style-type: none"> Breakfast Round Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Breakfast Bagel Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Egg, Cheese & Bacon Breakfast Burrito Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Pancake & Sausage Wrap Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Mini Pancakes Muffin Assorted & Yogurt Variety Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 					
27	28	29	30	31					
<ul style="list-style-type: none"> WW Bagel & cream cheese Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Mini Cinnamon Rolls Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> French toast sticks Sausage Patty Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Pancake & Sausage Wrap Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 	<ul style="list-style-type: none"> Whole Grain Waffle, Chocolate Chip Assorted Muffins Pb&J Sandwich WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Cereal Assortment of Fresh Fruit Milk Variety Assorted Juice 					

March FRHS Lunch Menu

March 2023

Fossil Ridge High School Lunch

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY***Food Offered Daily:*

- Unrustable PB&J, or Substitute
- Hamburger & Cheeseburger
- Chicken Patty Sandwich
- Spicy Chicken Sandwich
- Cheese Pizza
- Pepperoni Pizza
- Fruit Salad
- Salad Bar
- Assorted Salad Dressings
- Assorted Condiments
- Chocolate Milk
- Milk fat free
- Milk low fat 1%

1

- Asian bar
- Fruit & Yogurt Box
- Turkey or Ham & Cheese Sandwich
- Cheese Pizza
- Supreme Pizza
- Impossible Burger
- Steamed Veggies

2

- Burrito Bar Chicken or Beef
- Protein Box
- Taco Salad
- Cheese Pizza
- Pepperoni Pizza
- Refried Beans
- Mexican Condiments

3

- Tomato Soup & Grilled Cheese
- Chicken Nuggets & Roll
- Fruit & Yogurt Box
- Turkey or Ham & Cheese Sandwich
- Veggie Pizza
- Pepperoni Pizza
- Corn
- Nugget Dipping Sauces

6

- BBQ Pulled Chicken Sandwich
- Chicken Drumsticks & Roll
- Cold Deli Yogurt & Seasonal Bread
- Chicken Caesar Wrap
- Cheese Pizza
- Pepperoni Pizza
- Mashed Potatoes
- Chicken Gravy

7

- Cheese Calzone & Marinara
- Chicken Alfredo HS
- Protein Box
- Chef Salad
- Cheese Pizza
- Pepperoni Pizza
- Green Beans

8

- Asian Bar Meatballs or Chicken
- Cold Deli Yogurt & Seasonal Bread
- Ham or Turkey & Cheese Sandwich
- Cheese Pizza
- Hawaiian Pizza
- Impossible Burger
- Steamed Veggies

9

- Taco Bar Beef or Chicken & Rice
- Protein Box
- Taco Salad
- Cheese Pizza
- Pepperoni Pizza
- Black Beans
- Mexican Condiments

10

- Chicken & Waffles
- Cold Deli Yogurt & Seasonal Bread
- Ham or Turkey & Cheese Sandwich
- Cheese Pizza
- Meat Lovers Pizza
- Steamed Carrots

13**14**

- No School Today

15

- No School Today

16

- No School Today

17

- No School Today

20

- Pork Chop Sandwich
- Honey Sriracha Boneless Wings & Roll
- Fruit & Yogurt Box
- Buffalo Chicken Wrap
- Cheese Pizza
- Pepperoni Pizza
- Mashed Potatoes
- Chicken Gravy

21

- Cheese Ravioli & Roll
- Meatball Sandwich
- Protein Box
- Chicken Caesar Salad
- Cheese Pizza
- Pepperoni Pizza
- Green Beans

22

- Philly Cheesesteak Sandwich
- Beef or Chicken
- Fruit & Yogurt Box
- Turkey Avocado Club Wrap
- Cheese Pizza
- BBQ Chicken Pizza
- Impossible Burger
- Steamed Veggies

23

- Burrito Bar Chicken or Beef
- Protein Box
- Taco Salad
- Cheese Pizza
- Pepperoni Pizza
- Refried Beans
- Mexican Condiments

24

- Chicken Strips & Roll HS
- Local Green Chili Chicken Bowl
- Fruit & Yogurt Box
- Turkey or Ham & Cheese Sandwich
- Cheese Pizza
- Buffalo Chicken Pizza
- Black Beans
- Nugget Dipping Sauces

27

- Mac & Cheese
- Chicken Drumsticks & Roll
- Cold Deli Yogurt & Seasonal Bread
- Chef Salad
- Cheese Pizza
- Pepperoni Pizza
- Steamed Broccoli

28

- Cheese Calzone & Marinara
- Lasagna with Veggies & roll
- Protein Box
- Italian Sandwich
- Cheese Pizza
- Pepperoni Pizza
- Roasted Vegetables

29

- Asian Bar Meatballs or Chicken
- Cold Deli Yogurt & Seasonal Bread
- Ham or Turkey & Cheese Sandwich
- Cheese Pizza
- Hawaiian Pizza
- Impossible Burger
- Steamed Veggies

30

- Taco Bar Beef or Chicken & Rice
- Protein Box
- Taco Salad
- Cheese Pizza
- Pepperoni Pizza
- Black Beans
- Mexican Condiments

31

- Chicken & Waffles
- Cold Deli Yogurt & Seasonal Bread
- Ham or Turkey & Cheese Sandwich
- Cheese Pizza
- Meat Lovers Pizza
- Corn

Stay Connected to FRHS!

Did you know that you can follow Fossil Ridge High School on several social media platforms? Be sure to follow us so you will not miss out on information!



Twitter <https://twitter.com/FossilRidgeHS>



Instagram https://www.instagram.com/fossil_ridgehs/



Facebook <https://www.facebook.com/FRHSabercats>

