

FRHS WEEKLY BULLETIN



August 7, 2026

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Upcoming Dates!

August 18	Transition Day
August 19	First Day of School – Late Start
August 20	Add/Drop Schedule Studio 5 Picture Makeup – 7:30-9:30 AM
August 26	Back to School Night – 5:30 – 7:30 PM
September 2	Homeroom Schedule Today
September 16	Picture Retakes
September 17	Parent Teacher Conferences (Virtual)
September 19	FRHS 2026 Homecoming
September 30	Homeroom Schedule Today
October 5	SAC Meeting

New Incoming Students Transition Day – Tuesday, August 18

All incoming 9th grade students will have a transition day on Tuesday, August 18th where they will have time to understand Fossil's daily schedule and orient to the building. Freshmen will be here the whole day and transportation will run its regular schedule (***Please note parts of our building will be off limits due to construction continuing until the start of school.***).

Fossil is also offering the same experience to our new incoming 10th, 11th, and 12th graders. On Tuesday, August 18th all new-to-Fossil 10th, 11th, and 12th-grade students are welcome to come and meet our Student Ambassadors in The Commons from 10:00 am -11:00 am for orientation.

First Day of School

All students will return to school on Wednesday, August 20. It is a late start day, classes will begin at 9:30 am.

Information for students who missed check-in

If you were unable to make it to student check-in, students can collect laptops in our Media Center starting August 12th. Students can get their photo and ID from Studio 5 on August 20th. Entry times will correlate with Add/Drop schedule (Seniors at 7:30, Juniors at 8:00, Sophomores at 8:30 and Freshman at 9:00. Doors lock at 9:30 .am.

FRHS Building Closure

Please note *our building will be closed on **August 10th and 11th due*** to all staff training events and preparing for the start of the school year. Phones might not be answered during that time, but all voice messages will be returned within a 24-hour timeframe.

→ Aug 12th the Front Office will return to normal hours: 8:00 am – 4:30pm.

Fossil Ridge High School Weekly Schedule 2026-2027

Monday	Tuesday	Wednesday	Thursday	Friday
0 7:05-8:55	0 7:05 – 8:55	No Zero Period Study Support 8:55 – 9:25	0 7:05 – 8:55	0 7:05 – 8:55
1 9:05 – 10:34	1 9:05 – 10:34	1 9:30 – 10:54	1 9:05 – 10:34	1 9:05 – 10:34
2 10:41 – 12:15 Announcements 10:41-10:46	2 10:41 – 12:15 Announcements 10:41-10:46	2 11:02 – 12:26	2 10:41 – 12:15 Announcements 10:41-10:46	2 10:41 – 12:15 Announcements 10:41-10:46
Lunch Served 12:15 – 1:00	Lunch Served 12:15 – 1:00	Lunch Served 12:26-1:11	Lunch Served 12:15 – 1:00	Lunch Served 12:15 – 1:00
3 1:00 – 2:29	3 1:00 – 2:29	3 1:11 – 2:35	3 1:00 – 2:29	3 1:00 – 2:29
4 2:36 – 4:05	4 2:36 – 4:05	4 2:41 – 4:05	4 2:36 – 4:05	4 2:36 – 4:05
9 4:15 – 5:44	9 4:15 – 5:44	9 4:15 – 5:37	9 4:10 – 5:44	9 4:10 – 5:44
89 minute periods (except for 0 hour) 7 minute passing 5 minute announcements 45 minute lunch	89 minute periods (except for 0 hour) 7 minute passing 5 minute announcements 45 minute lunch	84 minute periods 6 minute passing 45 minute lunch	89 minute periods (except for 0 hour) 7 minute passing 5 minute announcements 45 minute lunch	89 minute periods (except for 0 hour) 7 minute passing 5 minute announcements 45 minute lunch

Fossil Ridge High School ADD/DROP Schedule

Students line up by number order in the gym hallway and their designated grade level time:

Seniors: 7:30 am
Juniors: 8:00 am
Sophomores: 8:30 am
Freshman: 9:00 am

Classes for all students begin at 9:40 am

Thursday 8/20, Wednesday 1/6
No Zero Period
1 9:40 – 11:02
2 11:08 – 12:30
Lunch 12:30-1:15
3 1:15 – 2:37
4 2:43 – 4:05
9 4:10 – 5:38
82 minute periods (except 9th) 6 minute passing (except 9th) 45 minute lunch

Fossil Ridge High School Weekly Schedule With Homeroom 2026-2027

Monday	Tuesday	Wednesday	Thursday	Friday
0 7:05 – 8:55	0 7:05 – 8:55	No Zero Period	0 7:05 – 8:55	0 7:05 – 8:55
1 9:05 – 10:34	1 9:05 – 10:34	1 9:05 – 10:28	1 9:05 – 10:34	1 9:05 – 10:34
2 10:41 – 12:15 Announcements 10:41-10:46	2 10:41 – 12:15 Announcements 10:41-10:46	2 10:34 – 11:57	2 10:41 – 12:15 Announcements 10:41-10:46	2 10:41 – 12:15 Announcements 10:41-10:46
Lunch 12:15 – 1:00	Lunch 12:15 – 1:00	Lunch 11:57 – 12:43	Lunch 12:15 – 1:00	Lunch 12:15 – 1:00
3 1:00 – 2:29	3 1:00 – 2:29	3 12:43 – 2:06	3 1:00 – 2:29	3 1:00 – 2:29
		Home Room 2:06 – 2:36		
4 2:36 – 4:05	4 2:36 – 4:05	4 2:42 – 4:05	4 2:36 – 4:05	4 2:36 – 4:05
9 4:15 – 5:44	9 4:15 – 5:44	9 4:15 – 5:38	9 4:15 – 5:44	9 4:15 – 5:44
89 minute periods 7 minute passing 5 minute announcements 45 minute lunch	89 minute periods 7 minute passing 5 minute announcements 45 minute lunch	83 minute periods 6 minute passing 30 minute home room 46 minute lunch	89 minute periods 7 minute passing 5 minute announcements 45 minute lunch	89 minute periods 7 minute passing 5 minute announcements 45 minute lunch

HOMEROOM DATES:

September 2nd
 September 30th
 October 21st
 November 11th
 December 2nd
 January 13th
 February 24th
 May 5th

Fees

New this year: All fees can be paid ONLINE -School Pay no longer charging convenience fees. Sites will no longer be able to accept checks or cash.

- Fall Athletic Participation Fees if participating in a fall sport
- \$40 ACTIVITY PASS (optional)

If your FRHS student plans on attending eight or more home athletic or crosstown games (Football, Boys/Girls Volleyball, Boys/Girls Basketball, or Wrestling) plan to purchase the \$40 Activity Pass *PRIOR* to the check-in days. The Activity Pass will save money and help support Fossil Ridge student programs.

Thanks for being a SaberCat! Contact the Athletic Office with any questions:

Carrie Hintzman, Athletic Secretary 970-488-6268.

***If you wait to purchase the Activity Pass until after the check-in days, you will be required to present a paper copy of the Activity pass SchoolPay receipt AND a photo ID before admission to athletic events. In October, we will notify families when our campus security officer can print and issue Activity Passes at FRHS for those who did not purchase them during the check-in days.*

Note: The payment process will be much faster if a SchoolPay account is created *prior* to purchase. If you have not already created a SchoolPay account, click SchoolPay to create an account.

Parking Permits

<https://frh.psdschools.org/about-our-school/campus-safety-and-parking/parking>

Fossil Ridge High School parking permits are required for all students and staff parked on school property. FRHS parking permits cost \$35, and replacement permits are subject to a \$10 fee.

Parking permit applications can be completed online; hard copy applications can be picked up and turned in at the Front Office if needed. Please review all FRHS parking rules and PSD Board Policies before applying for a parking permit.

Free & Reduced Lunch Eligibility

<https://www.psdschools.org/programs-services/school-meals/free-and-reduced-meals>

Fee/Charge Waivers

If you qualify for free and reduced meals, complete the *Permission to Share* form in ParentVue to have fee/charge waivers applied to your student's account.

Families must complete both online forms and be approved. After approval for both forms, they must go online to SchoolPay to load the fees into their cart and checkout for the waivers to be applied.

Student Pictures Retakes

Missed check-in (8/20)

Don't like your picture? (9/16) in media center during late start.

FRHS: PHONE-FREE SCHOOL

WHAT'S NEW?

In support of our mission to ensure upon graduating each student will possess the skills, character, aptitude, and knowledge to successfully engage options they choose in work and post-secondary education, we have modified our student expectations regarding cell phone use at Fossil Ridge High School. These expectations align with Poudre School District's recent addendums to the district student cell phone policy.

FRHS has adopted new phone-free guidelines for students to enhance our student experience and foster a positive and healthy student culture.

We are excited to implement this change to enhance the student experience in support of the following core values:

- Healthy relationships
- Inclusion and belonging
- Focus on learning
- Collaboration
- R.I.D.G.E. values: Respect, Integrity, Determination, Gratitude, Excellence

WHY WE ARE MAKING THIS CHANGE

Along with parents and guardians, our primary goal is to nurture healthy students who enjoy enriched and fulfilling life experiences. We aim to foster authentic face-to-face peer connections that inspire curiosity and creativity in the classroom. Our vision is for students to engage in healthy social interactions.

After analyzing extensive research concerning the impact of cell phones and digital media's impact on teen mental health and academic achievement, we have revised our cell phone policy to limit cell phone use in support of our goals to support the well-being of our students and increase our focus on learning outcomes.

Cell phones can be a significant distraction to learning, not just for users, but also for peers and teachers. The constant pull for attention created by a cell phone also negatively impacts mental health and social-emotional learning. Research indicates a strong correlation between digital media and sleep disruption, reduced attention span, social comparison, and cyberbullying. Cell phone distractions impact students' ability to stay engaged in learning, focus on academics, and build healthy relationships with peers and school staff.



OUR NEW GUIDELINES

Cell phones, AirPods/ear buds and all other personal communication devices (other than student laptops) are to be turned off and stored in a backpack or locker during the entirety of instructional periods. They should not be utilized in hallways/restrooms during instructional periods either. Cell phone use is only permitted during off periods in the commons, passing periods, and lunchtime.

Students who repeatedly violate these expectations may lose the privilege of carrying these devices on campus and face disciplinary action. FRHS is not responsible for any lost, stolen, or damaged electronic or communication devices.

Effective starting in Aug. 2025

QUESTIONS & ANSWERS



Can my child still bring their phone to school?

Students will still be allowed to bring their phones to school. We expect them to be turned off and stored in a backpack/locker during instructional periods.

Will there be a way for parents to communicate with their children during the school day?

Yes! We want parents to be able to communicate with their children during the school day if necessary. Like the adult workplace, our classrooms need to be focused and productive. To ensure we accomplish this, parents have two options to communicate with their children during the school day.

- Parents can call our main office anytime at 970-488-6260 to leave a message for their child that we will deliver to their classroom.
- Parent-student communication via cell phone will still be permitted with staff permission. Students can ask their teacher to step outside the classroom door to make a phone call or text their parents in a time of need.

What happens if a student violates this new policy?

Students who violate the FRHS Cell Phone Policy are subject to one or more of the following consequences:

- 1st Offense: The phone is confiscated and kept in the main office for the remainder of the school day. Students can pick their phone up at the end of their school day in the front office.
- 2nd Offense: The phone is confiscated and kept in the main office for the remainder of the school day. The parent/guardian must pick up the phone after school from the front office.
- Multiple infractions of the FRHS Cell Phone Policy may necessitate a behavior/technology plan to support the student's compliance with the policy. Multiple infractions may lead to a formal referral and disciplinary action, including detentions and/or suspension.

Does limiting cell phone access make students less safe?

Safety is our top priority. We would not be doing this if we felt student safety would be compromised. We also recognize that in today's world, parents often feel reassured knowing they can contact their children during emergencies. Cell phone use during an emergency can lead to distractions and a lack of focus on safety protocols. Phones may also contribute to the spread of misleading information and false claims concerning emergencies, which may actually exacerbate anxiety and decrease safety in moments of crisis.

In addition, school staff are responsible for keeping students safe during the school day and they receive training so they are prepared in the event of an emergency. Each classroom is equipped with a phone, computer, intercom pager, and additional emergency communication tools.

My child uses their phone as an organizational planner and learning tool. How can they do these things without the use of their cell phone?

The types of things students would typically do with a phone to aid in organization and learning can all be completed on their school-issued laptop computer (ie. checking grades, maintaining activity calendars with homework due dates, taking pictures of a teacher's board, calculator functions, email, etc.). Often, calendars, emails, planners, to-do lists, and photos can be synced with a cloud-based device and accessed on a cell phone after school.

What if a child requires the use of a phone-based app or electronic accessory as part of an individual learning plan or medical need?

If one or more of these rules conflicts with a student's IEP or Section 504 Plan, the conflicting terms of this policy shall not apply to that student. Please contact your child's case manager and/or counselor to ensure that we have proper plans in place to begin the new school year.

Athletics

Athletic Office ONLY will be open on Monday, August 10 for Fall season Orange Card Collection Only: 9:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m. Please use the Athletic entrance only as the rest of the building is closed that day. During these office hours, no other items may be collected or dropped off. We can only accommodate orange card needs at this time.

The Athletic Office will be closed on Tuesday, August 11.

Wednesday-Friday, the building will be open 8:00 a.m. - 4:30 p.m.

College & Career Center

Who's Your Counselor?

2026-2027 Counselor Caseloads			
Alpha by Last Name	Counselor	Location	Email
A-Cha	Matt Murphy	North Wing	mmurphy@psdschools.org
Che-Gam	Chris Savage	West Wing	csavage@psdschools.org
Gan-Ji & ILS	Hailey Swanbom	West Wing	hswanbom@psdschools.org
Jo-Mau	Kelli McPhee	West Wing	kmcphee@psdschools.org
May-Red	Joshua Jackson	North Wing	jjackson@psdschools.org
Ree-Stn	Nicole Alvarado	North Wing	nalvarad@psdschools.org
Sto-Z & Eberhart caseload	Carolyn Fries	North Wing	cfries@psdschools.org

Official Transcript Requests:

Students can begin requesting official transcripts on Monday, August 31. There will be no fee for students to request transcripts. Look for more information about this process in future newsletters.

Upcoming College Rep & Military Visits in the College & Career Center

[Click on this link to the online list](#) as this list changes frequently.

Talk to your teacher ahead of time if you are planning to attend a College or Military Visit.

If you cannot make a visit, we receive extra material that we can share as well as the college contact information - just check with the College & Career Center.

Monday, August 31, 2026	11:30am	University of Mississippi - University, MS
Monday, September 14, 2026	10:30am	University of Calgary - Calgary, AB
Tuesday, September 22, 2026	10:00am	Iowa State University of Science and Technology - Ames, IA
Tuesday, September 22, 2026	10:00am	Arizona State University- Tempe - Tempe, AZ
Tuesday, September 22, 2026	2:30pm	Texas A&M University - College Station - College Station, TX
Thursday, September 24, 2026	1:00pm	Rocky Mountain College of Art and Design - Lakewood, CO
Thursday, September 24, 2026	1:30pm	Rocky Mountain College of Art and Design - Lakewood, CO
Tuesday, September 29, 2026	10:00am	University of California, Davis - Davis, CA
Tuesday, September 29, 2026	10:00am	The University of Tampa - Tampa, FL
Tuesday, September 29, 2026	10:30am	Binghamton University - Vestal, NY
Tuesday, September 29, 2026	10:30am	Oberlin College - Oberlin, OH
Tuesday, September 29, 2026	11:00am	Saint Louis University - Saint Louis, MO
Tuesday, September 29, 2026	11:00am	University of Puget Sound - Tacoma, WA
Tuesday, September 29, 2026	11:30am	St Olaf College - Northfield, MN
Tuesday, September 29, 2026	1:00pm	The University of British Columbia - Kelowna and Vancouver, BC
Tuesday, September 29, 2026	1:00pm	University of Florida - Gainesville, FL
Tuesday, September 29, 2026	1:30pm	Tulane University of Louisiana - New Orleans, LA
Tuesday, September 29, 2026	2:30pm	New York University - New York, NY
Tuesday, September 29, 2026	2:30pm	Butler University - Indianapolis, IN
Tuesday, September 29, 2026	3:00pm	University of Nebraska-Lincoln - Lincoln, NE
Tuesday, September 29, 2026	3:00pm	University of Arkansas - Fayetteville, AR
Tuesday, September 29, 2026	3:30pm	California Polytechnic State University - SLO - San Luis Obispo, CA
Tuesday, September 29, 2026	3:30pm	Lafayette College - Easton, PA
Wednesday, September 30, 2026	10:00am	DePaul University - Chicago, IL
Wednesday, September 30, 2026	10:30am	University of Redlands - Redlands, CA
Wednesday, September 30, 2026	11:30am	University of the Pacific - Stockton, CA
Wednesday, September 30, 2026	1:30pm	Occidental College - Los Angeles, CA
Wednesday, September 30, 2026	1:30pm	Point Loma Nazarene University - San Diego, CA
Wednesday, September 30, 2026	2:00pm	Wheaton College - Wheaton, IL
Wednesday, September 30, 2026	3:00pm	Pennsylvania State University- Main Campus - University Park, PA
Friday, October 2, 2026	2:30pm	University of San Diego - San Diego, CA
Monday, October 5, 2026	10:30am	Syracuse University - Syracuse, NY
Monday, October 5, 2026	10:30am	Hofstra University - Hempstead, NY
Monday, October 5, 2026	11:00am	Purdue University - West Lafayette, IN
Monday, October 5, 2026	3:00pm	Northwestern University - Evanston, IL
Monday, October 5, 2026	3:00pm	Reed College - Portland, OR
Monday, October 5, 2026	3:30pm	Simmons University - Boston, MA
Monday, October 19, 2026	2:30pm	Elon University - Elon, NC
Tuesday, October 20, 2026	1:30pm	Stevens Institute of Technology - Hoboken, NJ
Tuesday, October 27, 2026	1:00pm	Rocky Mountain College of Art and Design - Lakewood, CO
Wednesday, October 28, 2026	3:00pm	The University of Arizona - Tucson, AZ

CSU EVENTS FOR FUTURE RAMS

Ready NoCo Application Workshop

August 13, 2026 | 1:30 PM – 7:30 PM
Behavioral Sciences Building
410 West Pitkin Street
Fort Collins, CO 80523



This is a free event designed to prepare rising high school seniors and their families for their college applications. Join admissions counselors as they walk you through the application process with hands-on examples, and sessions with helpful tips and tricks!

Poudre School District Visit Day

October 16, 2026 | 9:00 AM – 2:30 PM
Moby Arena
951 West Plum Street
Fort Collins, CO 80521



Calling all Poudre School District juniors and seniors, this free event is designed just for you! Join us to learn more about Colorado State University and what life is like as a Ram. Attend breakout sessions, eat lunch in a CSU dining hall, and take an optional campus tour.

Financial Aid Completion Night

October 27, 2026 | 5:30 PM – 7:00 PM
Ammons Hall
711 Oval Drive
Fort Collins, CO 80521



Join Colorado State University's Admissions and Financial Aid offices for a free, drop-in event to help you navigate and complete the financial aid process.

Please note: this event is an application workshop and will not include a presentation about financial aid or scholarships.



ADMISSIONS
COLORADO STATE UNIVERSITY

2026 Colorado Free Application Days Will Be Oct. 20-22, 2026

The ninth annual Colorado Free Application Days will be held on Tuesday, October 20th - Thursday, October 22nd, 2026.

The Colorado Free Application Days campaign is an initiative designed to inspire more Coloradans to continue their education. From Tuesday, Oct. 20 through Thursday, Oct. 22, 2026, many public colleges and universities in Colorado and several private institutions will waive their application fees, making it free for Colorado residents to submit an application. By waiving application fees—a common barrier to higher education—Colorado Free Application Days aims to improve access to further education and training, which is becoming increasingly critical in the state’s rapidly changing economy.

The days cap off Colorado Applies Month, a five-week, statewide campaign that encourages high school juniors and seniors – and adults – to select an education or training option that’s best for them and apply to that program when eligible to do so. The statewide push is designed to increase Colorado’s college-going and FAFSA and CASFA completion rates. The campaign aims to support low-income and first-generation students and to help keep Colorado students in state.

Colorado Institutions Which Are Free to Apply to as an Undergraduate Resident Year-round:

Public Colleges and Universities

- Adams State University
- Colorado Mesa University
- Colorado School of Mines
- Colorado State University Fort Collins
- Colorado State University Global
- Colorado State University Pueblo
- Fort Lewis College
- Metropolitan State University of Denver
- University of Colorado Boulder
- University of Colorado Denver
- University of Colorado Colorado Springs
- University of Northern Colorado
- Western Colorado University
- All two-year and community colleges
- All area technical colleges

[Click on this link for more information.](#)

Private Colleges and Universities

- Colorado Christian University
- Colorado College
- Regis University
- University of Denver
- Naropa University

Fundraisers



SCHOOL PARTNERS! LET'S RALLY!

Last chance to maximize your
rewards account!

Mention your school at check-out.

BACK TO SCHOOL
SAVINGS ARE IN SESSION

THROUGH AUGUST!



**Our school rewards program is coming to a close.
So, let's RALLY to help maximize your final reward!**

Purchase ONLINE at AFW.com, at any store, or by phone at 800-992-7997.

INVITE OTHERS to participate. Friends and family can help too!
2% donation on any purchase; 4% on Beautyrest or Serta mattresses!

THANK YOU FOR YOUR PAST SUPPORT!

FOSSIL RIDGE HS WRESTLING

ANNUAL

GOLF CLASSIC

A FUNDRAISER TO SUPPORT
FOSSIL RIDGE HS WRESTLING



DATE:
AUGUST 28TH



LOCATION:
**HIGHLAND MEADOWS
GOLF COURSE**



START TIME:
8:00 AM

REGISTER HERE



**SPONSORSHIP
OPPORTUNITIES!**

**SUPPORT OUR TEAM.
MAKE AN IMPACT!**

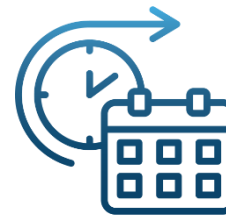
Your sponsorship helps provide
opportunities, equipment, and resources
for our student-athletes.



REGISTER OR SPONSOR TODAY!
<https://birdease.com/35695>

THANK YOU FOR SUPPORTING
FOSSIL RIDGE HS WRESTLING!

Future Dates



Homecoming Dance – September 19
Fall National Merit Scholarship Qualifying Test – October 6
Fall Break - November 23-27
Winter Break - December 21-January 4
Spring Break - March 15-19
Prom – April 10
The last day of school - May 28

[PSD 2026-2027 Calendars](#)

Check Fossil Ridge website calendar for more detailed information.

The full school year calendar is at the bottom of the calendar web page and it is updated as events are added.

<https://frh.psdschools.org/about-our-school/calendars-schedules>

Our Mission at Fossil Ridge



Our mission at Fossil Ridge High School is to ensure, that upon graduating from Fossil Ridge High School, each student will possess the character, skills, aptitude, and knowledge to successfully engage in every option they choose in work and in post-secondary education.

Our goal at Fossil Ridge is “Excellence, Everywhere.” We emphasize this with our students and staff throughout the year and work together collaboratively to achieve this every day in our classrooms, in our leadership across the school, and in our competition in academic and athletic events.